

T H E L O U N G E A F F E C T  
P R E S E N T S

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# COMPLETE FIELD INVESTIGATOR'S GUIDE TO PARANORMAL RESEARCH

UFO/UAP | CRYPTIDS | PARANORMAL  
PHENOMENA

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Scientific Methods for Capturing Defensible Evidence

Professional Research Protocols Expanded & Revised Edition 2026



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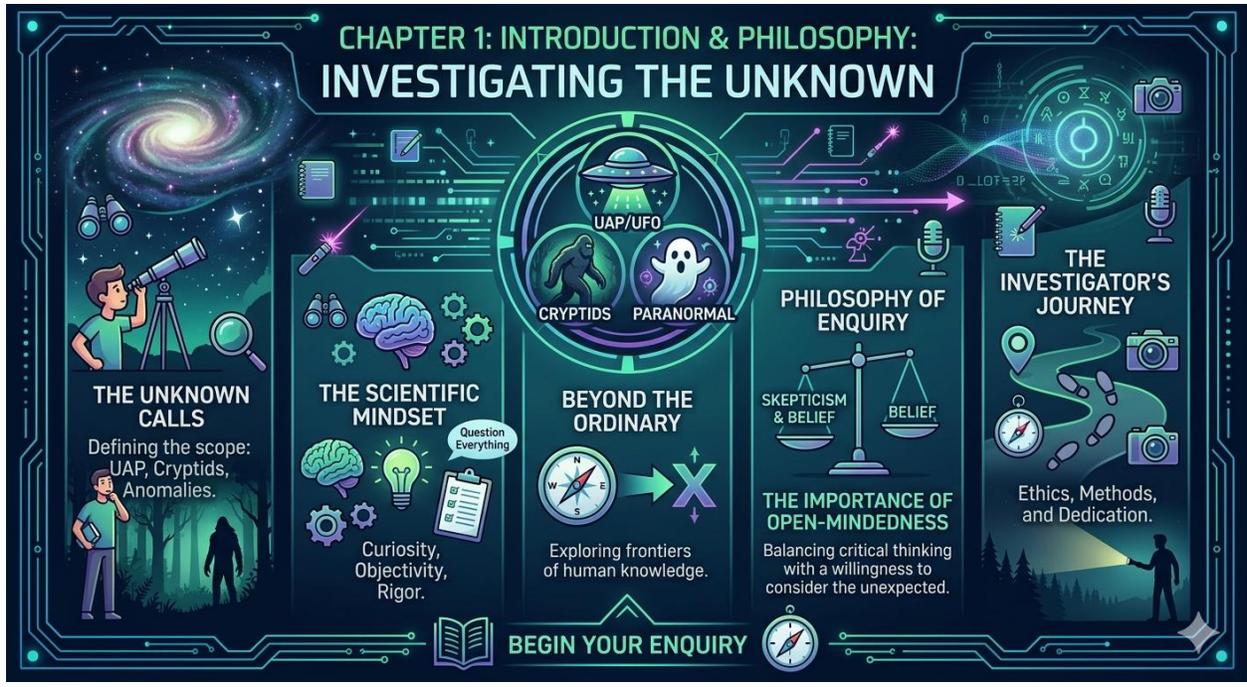
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# CHAPTER 1: INTRODUCTION & PHILOSOPHY

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## 1.1 Purpose of This Guide

This guide exists for one reason: to help investigators capture evidence that cannot be dismissed. The paranormal research field is littered with blurry photos, shaky videos, and anecdotal claims that have done more to set back serious inquiry than advance it. One genuinely compelling, rigorously documented piece of evidence is worth more than a thousand ambiguous recordings.

Whether you are investigating unexplained aerial phenomena, tracking cryptid activity in remote wilderness, or documenting hauntings in historic structures, the methodology matters as much as the encounter itself. This guide walks you through every phase of a professional investigation using the same scientific framework applied in legitimate research disciplines.

## 1.2 A Brief History of Paranormal Investigation

Systematic investigation of unexplained phenomena is not new. The Society for Psychical Research, founded in London in 1882, was among the first organizations to apply structured inquiry to paranormal claims. The 20th century brought major milestones: Project Blue Book (1952-1969), Project Sign, and civilian groups such as MUFON, NICAP, and CUFOS formalized UFO investigation. Bigfoot research gained academic attention through the work of Grover Krantz and Jeff Meldrum, while ghost investigation evolved from spiritualist parlor sessions to sophisticated electronic monitoring.

The Pentagon's declassification of UAP videos in 2020-2021 and the subsequent establishment of the All-domain Anomaly Resolution Office (AARO) represent a watershed moment for the field. For the first time, the U.S. government has formally acknowledged that some aerial phenomena observed by trained military personnel defy conventional explanation. This institutional shift demands a corresponding rise in the quality of civilian investigation.

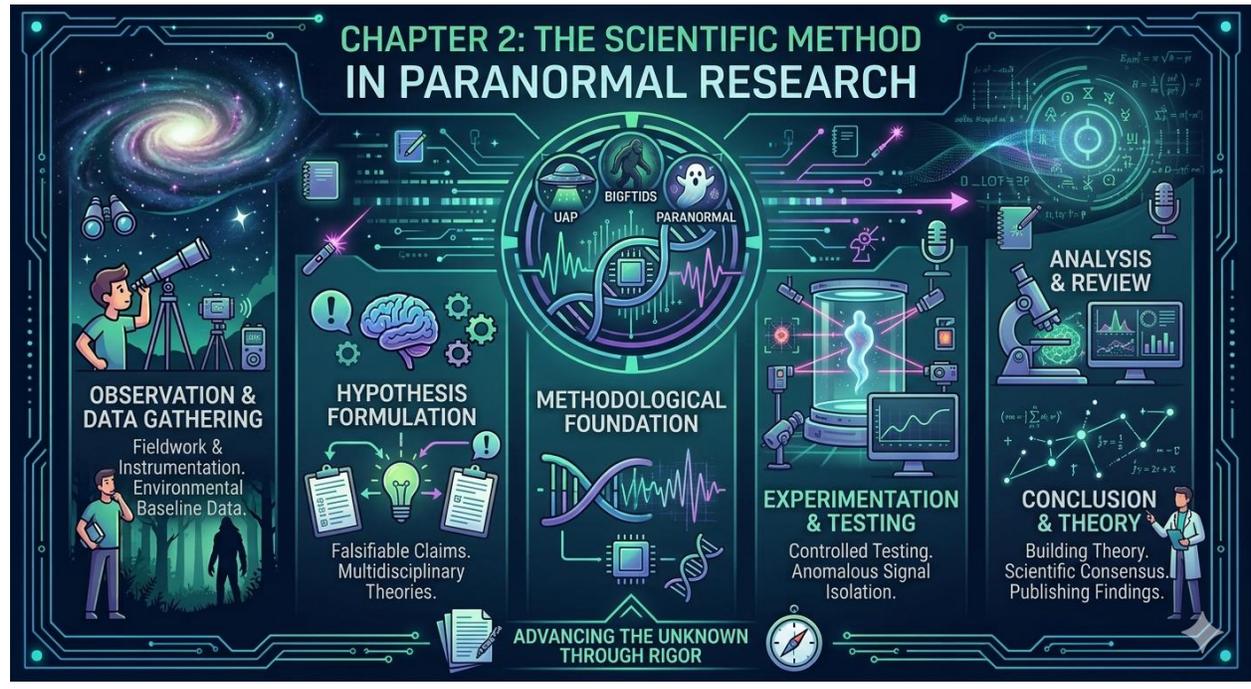
## 1.3 Core Philosophy

### The Investigator's Oath

Your job is not to prove the paranormal exists. Your job is to document accurately what you observe and eliminate every conventional explanation you can. Intellectual honesty is the foundation of credibility.

Every investigation should be guided by these philosophical pillars:

- **Objectivity:** Approach every investigation as if you expect to find nothing unusual. Document what is actually present, not what you hope to find.
- **Skepticism:** Be the hardest critic of your own evidence. If you cannot explain away an anomaly after exhausting conventional explanations, that is when it becomes genuinely interesting.
- **Reproducibility:** Whenever possible, create conditions that allow others to replicate your methodology and verify your findings.
- **Transparency:** Share your full methodology, not just your conclusions. Open your data to scrutiny.
- **Humility:** Unexplained does not mean inexplicable. Acknowledge the limits of your knowledge and equipment.



# CHAPTER 2: THE SCIENTIFIC METHOD IN PARANORMAL RESEARCH

## 2.1 Applying Rigorous Methodology

The scientific method provides the only reliable framework for distinguishing genuine anomalies from misidentifications, equipment errors, and psychological artifacts. Every investigation must pass through each phase before claims can be made.

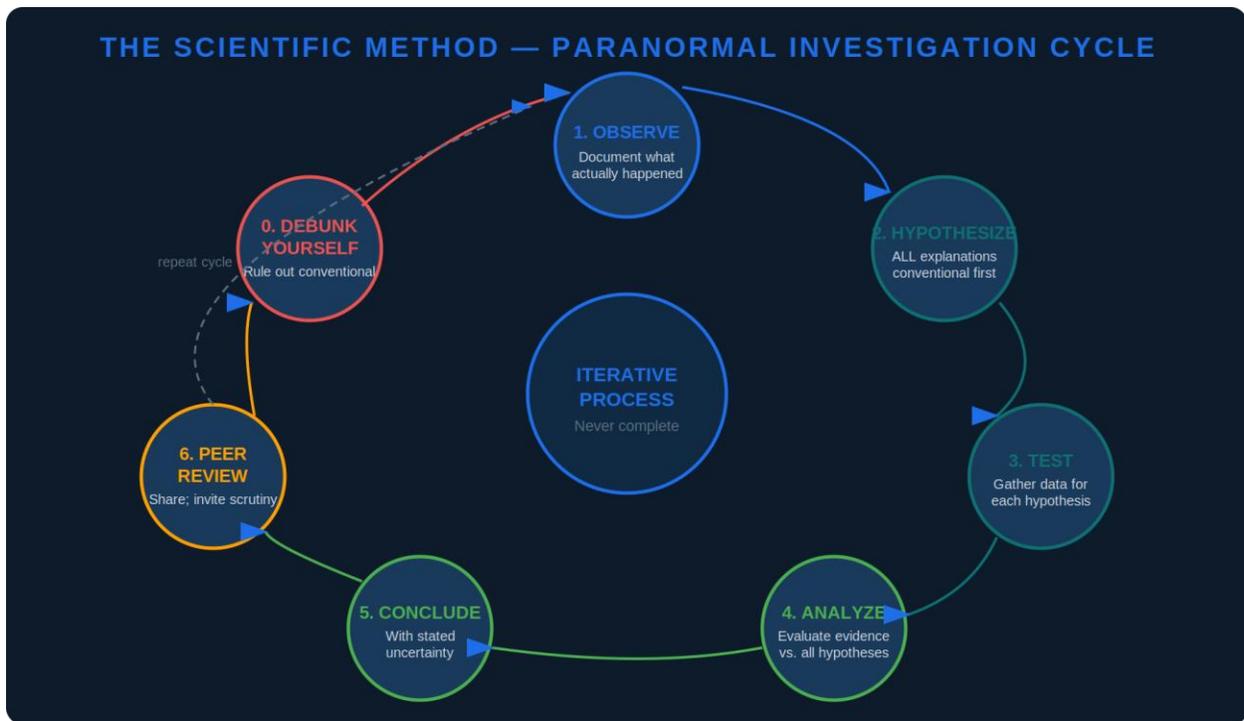


Figure 1 — The Scientific Method as applied to paranormal investigation: an iterative cycle of observation, hypothesis, testing, analysis, conclusion, and peer review.

Phase	Action	Goal
1. Observation	Document what was witnessed or reported	Create baseline record
2. Hypothesis	Propose conventional and unconventional explanations	Generate testable predictions
3. Investigation	Gather data to test each hypothesis	Eliminate explanations systematically
4. Analysis	Evaluate evidence against all hypotheses	Identify strongest explanation
5. Conclusion	State findings with appropriate uncertainty	Add to the body of knowledge
6. Peer Review	Share findings with qualified researchers	Validate methodology and results

## 2.2 Debunking as Part of the Process

The most credible investigators are the most aggressive debunkers of their own evidence. Before claiming a piece of evidence is anomalous, you must demonstrate you have ruled out conventional explanations. This is not defeatist - it is how you establish that what remains is genuinely unexplained.

- Always capture control recordings to establish environmental baselines.
- Document every possible conventional source of interference.
- Consult subject-matter experts in conventional fields first.
- Ask: what would this look like if it were completely ordinary?
- Welcome disconfirming explanations - they strengthen your remaining evidence.

## 2.3 Cognitive Biases That Corrupt Investigations

Human perception is deeply unreliable, especially in high-stress or expectation-laden environments. Investigators must actively guard against:

- Confirmation Bias: Interpreting ambiguous evidence in favor of a preferred conclusion.
- Pareidolia: Seeing meaningful patterns (faces, figures) in random noise.
- Apophenia: Finding connections between unrelated events or data.
- Priming Effect: Allowing prior reports or stories to color fresh perception.
- Group Contagion: Excitement or fear spreading through a team, magnifying perceived experiences.
- Post-hoc Rationalization: Constructing explanations for anomalies after the fact.
- Sunk Cost Bias: Continuing to believe in evidence simply because you invested significant time collecting it.

### **CRITICAL: Contamination by Prior Knowledge**

Avoid reading detailed eyewitness accounts or watching prior investigation footage of a location before your own investigation. Pre-loaded expectations are the single greatest threat to objective observation. Brief the team on reported phenomena only after baseline documentation is complete.

### CHAPTER 3: LEGAL, ETHICAL & SAFETY PROTOCOLS: A FOUNDATION FOR RIGOR AND RESPECT

**LEGAL & PERMISSION**  
Private Property Rights  
Local Ordinances & Laws  
Permits & Waivers

**INTELLECTUAL PROPERTY & PRIVACY**  
Data Ownership & Copyright  
Protecting Witness Anonymity  
NDA & Consent Forms

**ETHICAL CONDUCT**  
Honesty and No Hoaxing  
Respect for Beliefs & Witnesses  
Minimizing Disturbance

**AVOIDING BIAS & MANIPULATION**

**ETHICAL & RESPONSIBLE EXPLORATION**

**INVESTIGATOR SAFETY**  
Always Have a Plan  
Environmental Risk Assessment  
Proper Gear & Supplies  
Communication Protocols

**THE TEAM'S WELLBEING**  
Team Health & Endurance  
Mental Resilience & Stress Management  
Safe Travel & Rest.

# CHAPTER 3: LEGAL, ETHICAL & SAFETY PROTOCOLS

## 3.1 Legal Considerations

Investigation activities can have significant legal implications. Failure to comply with legal requirements can result in arrest, evidence confiscation, civil liability, and permanent damage to your credibility and the broader research community.

### Property Access

- Always obtain written permission from property owners before entering private land.
- Verbal permission is insufficient - it is easily denied or forgotten later.
- Keep copies of permission letters on your person during the investigation.
- Public lands may require special use permits for organized research activities.
- Trespassing charges can result in criminal records that compromise future investigations and equipment confiscation.

### Drone and Aircraft Regulations

- All drone operations in the United States require FAA Part 107 certification for research use.
- File a LAANC authorization request before flying near controlled airspace.
- Never fly drones over crowds, critical infrastructure, or within 5 miles of airports without authorization.
- Night flying requires a specific Part 107 waiver in most jurisdictions.
- International investigators must research country-specific drone laws before every international investigation.

### Recording Laws

- One-party vs. all-party consent laws for audio recording vary by state and country.
- In all-party consent states (California, Illinois, and others), all participants must consent to being recorded.
- Some jurisdictions restrict use of night-vision, thermal imaging, or aerial surveillance equipment.

## 3.2 Safety Protocols

### **SAFETY IS NON-NEGOTIABLE**

No piece of evidence is worth a life. If conditions become dangerous, abort the investigation immediately. Evidence can be sought another time. A dead investigator produces no evidence.

### Team Requirements

- Never investigate alone. A minimum of two people is required for any field investigation.
- Designate a Safety Officer on every investigation whose sole responsibility is monitoring team welfare.
- Establish a check-in schedule with a contact who is not on the investigation.
- Set a hard abort condition: if any team member fails to check in within 30 minutes, emergency services are called.

### Environmental Hazards by Investigation Type

Environment	Key Hazards	Mitigation
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Environment	Key Hazards	Mitigation
Abandoned structures	Structural instability, asbestos, lead paint, CO, mold toxins	CO detector, N95 masks, structural assessment first
Remote wilderness	Weather, falls, wildlife encounters, getting lost	Trip plan, satellite communicator, bear spray, map
Caves and tunnels	Flooding, gas pockets, getting lost underground	Spelunking training only; rope team; gas meter
Water environments	Drowning, hypothermia, submersion in darkness	PFDs mandatory; never solo at water at night
Urban investigation	Crime, private security, traffic	Work in pairs; notify local police of activity
Farmland/rural	Farm equipment, livestock, electrified fences	Permission from owner; visibility gear at night

**TIP: Carbon Monoxide as a Paranormal Mimic**

Many reported paranormal sensations including nausea, disorientation, feelings of presence, and even visual hallucinations are documented symptoms of carbon monoxide poisoning. A CO detector is among the most important pieces of equipment on any indoor investigation. Always carry one.

## CHAPTER 4: COMPLETE EQUIPMENT GUIDE GEARING UP FOR RIGOROUS INVESTIGATION

**INVESTIGATOR'S CORE KIT**

**VISUAL & OPTICAL GEAR**  
High-Resolution Cameras, Night Vision, Drones, Stable Lighting.

**ENVIRONMENTAL SENSORS**  
Thermal Scanners, EMF Detectors, Geiger Counters, Environmental Monitors.

**AUDIO & COMMUNICATIONS**  
Parabolic Mics, Digital Recorders, Satellite Phones, Mesh Radio.

**FIELD ESSENTIALS & LOGISTICS**  
Rugged Notebooks, Power Supplies, Navigation Tools, Data Loggers.

**ADVANCED & LAB TOOLS**  
Portable Analyzers, Digital Data Centers, Remote Observation Systems, Statistical Analysis Software.

**THE SCIENTIFIC ARSENAL**

# CHAPTER 4: COMPLETE EQUIPMENT GUIDE

## 4.1 Video Recording Systems

Video is the backbone of modern paranormal evidence. Quality, stability, and metadata integrity are paramount.

Equipment	Specification	Priority	Notes
Primary 4K Camera	4K at 60fps, large sensor (Sony FX3, Canon R5)	REQUIRED	Primary capture device
Tripod (Fluid Head)	Heavy-duty, rated for camera weight	REQUIRED	Stable footage - never skip
Secondary Camera	4K, different angle	REQUIRED	Corroborating footage
Night Vision Gen 3	Generation 3 intensified or EMCCD sensor	RECOMMENDED	Low-light investigation
Thermal Camera (FLIR)	320x240 minimum, 30Hz refresh	RECOMMENDED	Heat signature anomalies
Trail Cameras (4G)	Motion-triggered, <0.5 sec trigger	RECOMMENDED	Unattended monitoring
360 Camera	Insta360 or Ricoh Theta class	OPTIONAL	Full environmental documentation
Drone (4K, gimbal)	FAA-compliant, obstacle avoidance	OPTIONAL	Aerial overview
Extra Batteries	3x minimum per camera	REQUIRED	All cameras need backups
Memory Cards V90	High-speed, multiple cards	REQUIRED	Prevent dropped frames

## 4.2 Audio Recording Systems

Equipment	Specification	Priority	Use Case
Digital Recorder (Primary)	96kHz/24-bit min (Zoom H6, Tascam DR-100)	REQUIRED	Primary EVP and ambient
Backup Recorder	48kHz/24-bit minimum	REQUIRED	Redundancy is essential
Shotgun Microphone	Supercardioid or hypercardioid	REQUIRED	Targeted distant audio
Parabolic Microphone	24-inch dish, 40dB+ gain	RECOMMENDED	Long-range wildlife/anomaly
Omnidirectional Boundary Mic	Flat frequency response	RECOMMENDED	Room ambience capture
Ultrasonic Recorder	Records above 20kHz (Dodotronic SR-Pro)	RECOMMENDED	Bat echolocation, infrasound
Infrasound Monitor	Below 20Hz detection	RECOMMENDED	18Hz phenomena investigation
Multi-Channel Interface	8+ channel simultaneous	RECOMMENDED	Triangulate sound

Equipment	Specification	Priority	Use Case
			sources
Monitoring Headphones	Professional closed-back	REQUIRED	Real-time monitoring audio

### 4.3 Environmental Monitoring

Equipment	Specification	Priority	What It Detects
EMF Meter (Broadband)	20Hz-3GHz range (TriField TF2)	REQUIRED	Electromagnetic fluctuations
K-II EMF Meter	5-LED, 50-20,000mHz	RECOMMENDED	Real-time EM anomaly flagging
IR Thermometer	+/-0.5C accuracy, data logging	REQUIRED	Temperature anomalies
Data-Logging Thermometer	Multi-channel, continuous	RECOMMENDED	Long-term temp monitoring
Barometric Monitor	+/-0.3 hPa accuracy	RECOMMENDED	Pressure changes
Geiger Counter	GM tube, CPM display	RECOMMENDED	Radiation near UAP sites
Magnetometer (3-axis)	Fluxgate type	RECOMMENDED	Magnetic anomalies
Air Quality Monitor	CO, CO2, VOC, particulate	REQUIRED	Rule out chemical causes
Humidity Sensor	+/-2% RH accuracy	RECOMMENDED	Context for A/V artifacts
Seismograph (portable)	MEMS accelerometer	OPTIONAL	Ground vibration sources

### 4.4 Navigation, Communication & Physical Evidence Collection

Equipment	Priority	Notes
GPS Device (dedicated)	REQUIRED	Garmin inReach - more reliable than phone GPS
Lensatic Compass	REQUIRED	UAP bearing documentation
Satellite Communicator	REQUIRED (remote)	Garmin inReach, SPOT - for no-cell areas
Two-Way Radios (UHF)	REQUIRED	Team communication when phones fail
Aviation Scanner	RECOMMENDED (UAP)	Monitor air traffic to rule out aircraft
Forensic Casting Kit	REQUIRED (cryptid)	Dental stone, mixing bowls, frames
DNA Collection Kit	RECOMMENDED	Swabs, sterile tubes, paper envelopes for hair
Evidence Bags (multiple sizes)	REQUIRED	Both paper and plastic types

Equipment	Priority	Notes
Nitrile Gloves	REQUIRED	Worn at ALL times handling evidence
Measuring Tape (25ft)	REQUIRED	Track dimensions, landing areas
Scale Reference Cards	REQUIRED	Always photograph evidence with scale
UV/Black Light Torch	RECOMMENDED	Biological fluids, minerals, evidence
Evidence Flags (wire)	REQUIRED	Mark locations before disturbing
First Aid Kit (complete)	REQUIRED	Mandatory on every investigation
Carbon Monoxide Detector	REQUIRED (indoor)	See Safety section

## CHAPTER 5: PRE-INVESTIGATION PROTOCOLS: SETTING THE FOUNDATION FOR SUCCESS

**PREPARATION TIME**

**THE INVESTIGATIVE TEAM.**

**EQUIPMENT VERIFICATION.**  
Thermal/EM/Air Sensors Calibrated,  
Communication Checks, Data Recording Tested,  
Data Recording Tested.

**LEGAL & REGULATORY PREPARATION.**  
Property Owner  
Consent, Risk Assessment,  
Equipment Compliance.

**SITE PLANNING & ANALYSIS.**  
Witness Interview Debriefing,  
Historical Research, Safety Zone Definition.

**GPS**

**ETHICS**

**Standardized Checklist**

**PRE-FLIGHT PACKLIST VERIFICATION.**

**THE SCIENTIFIC ARSENAL**

**SAFETY PROTOCOLS & BRIEFING.**  
Emergency Contact List,  
First Aid Review,  
Environmental Hazard Awareness.

**Weather Forecasting,  
Travel & Contingency Plans,  
Team Briefing Schedule.**

# CHAPTER 5: PRE-INVESTIGATION PROTOCOLS

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## 5.1 Research Phase

Thorough pre-investigation research is the foundation of a successful field operation. Entering a location without understanding its history, prior reports, and environmental context wastes resources and produces misidentifications.

### Location History Research

- Search newspaper archives, court records, and historical documents for reports from the location.
- Contact local historians, historical societies, and libraries.
- Review MUFON, NUFORC, or BFRO databases for prior reports in the area.
- Review government geology surveys for relevant environmental features (mineral deposits, fault lines, underground water).
- Review satellite imagery across multiple years using Google Earth to understand terrain changes.
- Document all known electromagnetic interference sources: power lines, cell towers, substations, industrial equipment.
- Research local wildlife species and their ranges to establish what is known to exist in the area.

### Astronomical & Meteorological Preparation

- Check lunar phase: full and new moons affect visibility and ambient light conditions significantly.
- Obtain precise sunrise, sunset, and astronomical twilight times for the investigation date.
- Note positions of bright planets and stars - Venus, Mars, Jupiter, and Sirius are regularly misidentified as UAPs.
- Review satellite pass schedules (Heavens-Above.com) for the ISS and other bright satellites.
- Check aviation notices (NOTAMs) for planned drone, balloon, or military operations in the area.
- Monitor weather forecasts continuously until investigation begins.

### Witness Pre-Interview Protocol

- Record all witness interviews with permission.
- Use open-ended questions first: Tell me what happened in as much detail as you can.
- Avoid leading questions that suggest expected answers.
- Ask witnesses to sketch what they observed before showing any reference images.
- Note emotional state, potential intoxication, sleep deprivation, or stress at time of original event.
- Conduct interviews with witnesses separately to prevent cross-contamination of accounts.

## 5.2 Daylight Reconnaissance

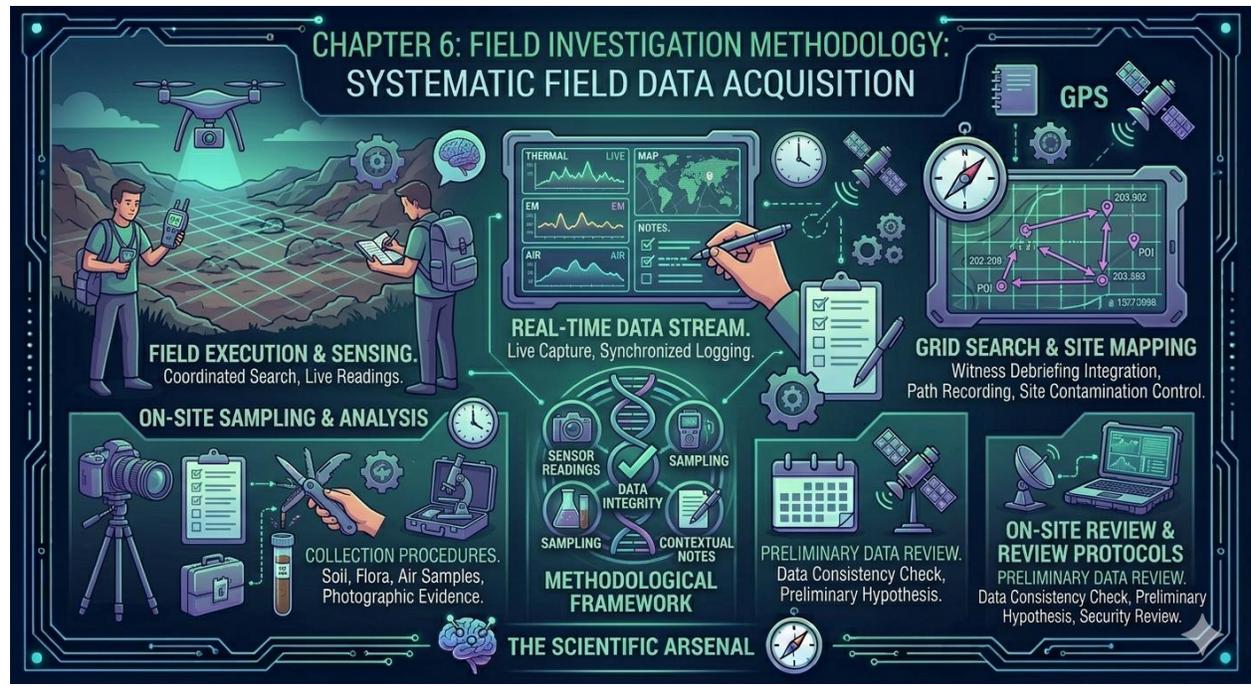
A daylight site visit before the primary investigation is mandatory for any unfamiliar location. Never conduct a first-night investigation at a location you have not assessed in daylight.

1. Map all access routes, exits, and potential obstacles.
2. Identify all conventional light sources visible from the investigation site.
3. Document all reflective surfaces: windows, water, metal structures.

4. Photograph the entire area for baseline reference documentation.
5. Test cellular signal strength; identify dead zones.
6. Identify environmental hazards: drops, unstable ground, water features, structures.
7. Determine optimal camera placement positions and mark with GPS.
8. Identify existing animal trails and signs (relevant for cryptid investigations).

### 5.3 Team Briefing Checklist

PRE-INVESTIGATION TEAM BRIEFING	
<input type="checkbox"/>	Review investigation plan and objectives for this specific location
<input type="checkbox"/>	Assign roles: lead investigator, safety officer, evidence logger, camera operator
<input type="checkbox"/>	Confirm communication protocols and check-in schedule with outside contact
<input type="checkbox"/>	Review emergency procedures and abort conditions
<input type="checkbox"/>	Test all communication equipment - radios, phones, satellite communicator
<input type="checkbox"/>	Confirm all equipment is charged, tested, and calibrated
<input type="checkbox"/>	Establish code words for potential evidence events ('MARK' = potential anomaly)
<input type="checkbox"/>	Remind team: all observations must be verbally logged on camera immediately
<input type="checkbox"/>	Confirm everyone has reviewed the location safety assessment
<input type="checkbox"/>	Set all mobile devices to silent/vibrate
<input type="checkbox"/>	Confirm meeting point if team is separated
<input type="checkbox"/>	Assign buddy pairs for the investigation duration
<input type="checkbox"/>	Confirm check-in time with external contact



# CHAPTER 6: FIELD INVESTIGATION METHODOLOGY

## 6.1 Establishing Environmental Baselines

The first 30 minutes of any investigation should be dedicated entirely to establishing baselines. You cannot identify an anomaly without knowing what normal looks like at that specific location on that specific night.

- Record 5 minutes of audio at every monitoring position before any investigation activity begins.
- Take EMF readings at every camera position and at regular intervals throughout the space.
- Log temperature at all monitoring positions.
- Document all light sources visible from the site, including distant ones on the horizon.
- Note all audible sounds: traffic, animals, HVAC, water, wind direction.
- Record barometric pressure, wind speed, and wind direction.
- Take GPS readings and photograph each monitoring station.

### BASELINE LOGGING NOTE

Assign one team member whose sole job during the baseline phase is logging. This person should not operate cameras simultaneously. The baseline is the most important data you will collect all night.

## 6.2 Real-Time Evidence Logging

Every piece of potential evidence must be logged in real time. After-the-fact reconstruction from memory is unreliable and legally problematic if evidence is ever challenged.

### Verbal Logging Protocol

All investigators verbalize every observation immediately on-camera. This creates an embedded, timestamped log within the video record.

- State: time, your name, your position, and precisely what you observe.
- Use compass bearings for directions, not left or right.
- Describe what you see or hear, not what you think it is.
- Call MARK with a timestamp whenever a potential anomaly occurs.

### Written Evidence Log

Maintain a physical written log throughout the investigation. The Evidence Log Sheet (Appendix D) should be completed in real time.

## 6.3 Evidence Capture Standards

### Video Standards

- All cameras must be on tripods. Handheld footage is supplementary only and must be labeled as such.
- Frame every scene with reference objects: buildings, trees, horizon, stars. Without reference points, size and distance cannot be estimated.
- If an anomaly appears, call out its position so other cameras can orient. Do not move the primary camera.
- Record for at least 5 minutes after any anomaly event - secondary phenomena often follow.

- Never zoom during an event with your only camera. Use a second camera for close-up while the first maintains wide angle.

### Audio Standards

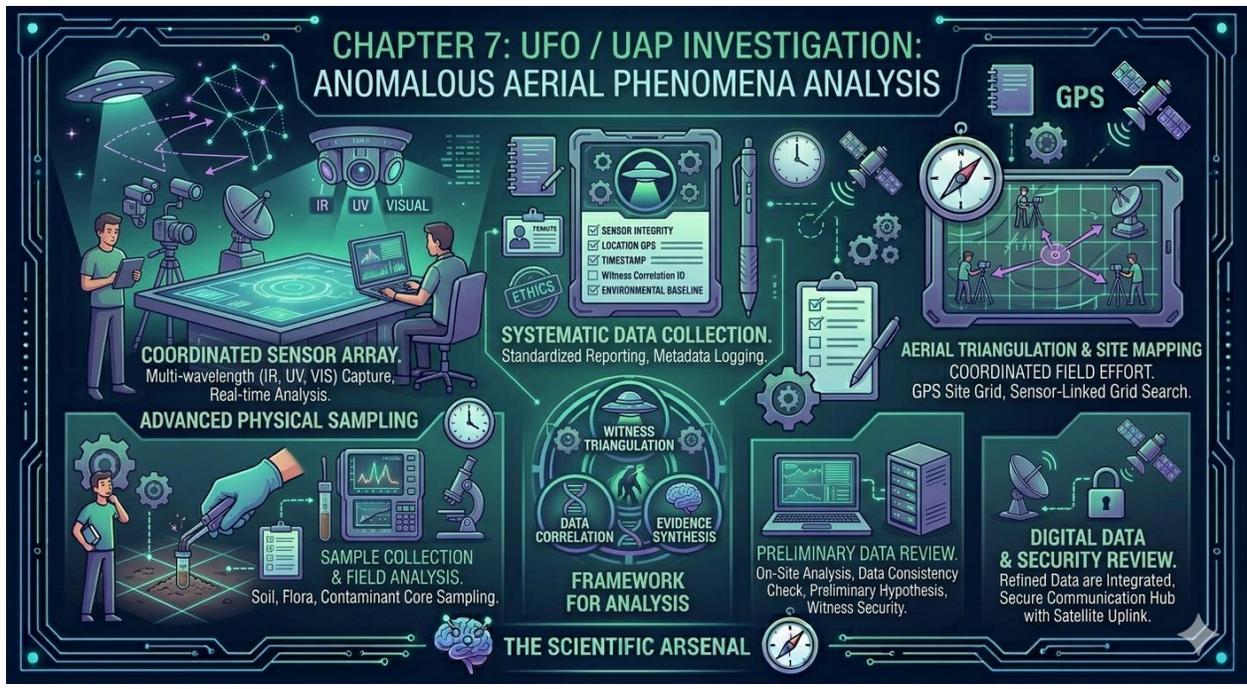
- All recorders must have external microphones. Internal mics are unacceptable for primary evidence.
- Monitor audio in real-time with headphones. Remove one ear to remain aware of your surroundings.
- No investigator should move or handle equipment during a quiet EVP session. Handling noise masks everything.
- Verbally identify any investigator sounds: Footstep from John moving north.
- Establish a minimum 30-second silent period every 10 minutes for undisturbed EVP capture.

### Physical Evidence Standards

- Photograph ALL evidence in position before touching anything.
- Always include a scale reference in every evidence photograph.
- Photograph from multiple angles and distances.
- Label all containers immediately upon collection with: location, GPS coordinates, time, and collector name.
- Use separate containers for each item. Never combine multiple evidence items.
- Maintain chain of custody documentation from collection forward.

## 6.4 Post-Field Immediate Protocol

POST-FIELD PROTOCOL (COMPLETE BEFORE LEAVING VEHICLE)	
<input type="checkbox"/>	Back up all digital media to two separate devices before driving away
<input type="checkbox"/>	Never reformat memory cards until three verified backup copies exist
<input type="checkbox"/>	Complete paper evidence logs before any team discussion of findings
<input type="checkbox"/>	Collect all written notes and logs from every team member
<input type="checkbox"/>	Conduct a brief verbal debrief - record it
<input type="checkbox"/>	Complete observer statements for all team members while memory is fresh
<input type="checkbox"/>	Log GPS coordinates of all evidence collection sites
<input type="checkbox"/>	Transport physical evidence in secured, labeled containers
<input type="checkbox"/>	Note any equipment anomalies: battery drain, malfunction, interference



# CHAPTER 7: UFO / UAP INVESTIGATION

## 7.1 Classification Systems

Standardized classification enables meaningful comparison between reports and helps identify patterns across multiple events. The following systems are widely used in serious UAP research and should be applied consistently.

### The Hynek Classification System

Class	Type	Description
Nocturnal Light (NL)	Night	Anomalous lights observed at night with no discernible structured craft
Daylight Disc (DD)	Day	Objects seen in daylight, typically metallic or structured in appearance
Radar-Visual (RV)	Any	Simultaneous visual observation and confirmed radar return
CE-1 (Close Encounter 1st Kind)	Close	Object within 500 feet; no physical effects on environment
CE-2 (Close Encounter 2nd Kind)	Close	Physical evidence left: ground traces, EM interference, burns
CE-3 (Close Encounter 3rd Kind)	Close	Occupants or entities observed associated with the object
CE-4 (Close Encounter 4th Kind)	Close	Witness reports abduction or involuntary transport
CE-5 (Close Encounter 5th Kind)	Close	Human-initiated or apparent bilateral contact event

### Government Classification Framework (Post-2021 UAPTF/AARO)

Category	Description
Airborne	Objects or phenomena observed in atmospheric flight
Transmedium	Objects observed transitioning between air and water environments
Submerged	Unidentified submersible objects (USOs) operating underwater
Space	Objects observed in orbit or entering/exiting the atmosphere
Transient	Brief events including light phenomena or electromagnetic pulses

## 7.2 Conventional Explanations: Always Rule Out First

Conventional Source	Key Identifiers	How to Rule Out
Commercial Aircraft	Strobe lights, red/green nav lights, constant heading	Flightradar24; listen for engine sound
Military Aircraft	May lack ADS-B, unusual speeds/maneuvers	NOTAMs; contact base public affairs offices
Drones / UAS	Hovering, low altitude, navigation lights required at night	Listen for motor; FAA DroneZone data

Conventional Source	Key Identifiers	How to Rule Out
Weather Balloons	Slow drift with wind, highly reflective at altitude	NOAA balloon launch schedule for region
Chinese Lanterns	Flickering orange flame, drifts with wind, low altitude	Thermal camera shows heat source
ISS / Satellites	Steady non-blinking, east-west track, 90-sec pass	Heavens-Above.com real-time tracking
Venus / Planets	Stationary over short periods, predictable position	Stellarium or SkySafari app
Ball Lightning	Rare, brief, associated with active storms	Weather radar correlation
Lens Flares	Only when camera faces toward bright light source	Move camera; flare moves predictably
Birds / Insects	Irregular movement, erratic path, reflective at angles	Thermal camera; audio review; magnification

## 7.3 UAP Field Investigation Protocol

### Upon Visual Sighting

9. Call MARK - verbalize exact time and full date.
10. Do not chase. Establish cameras on tripods immediately. Sacrificing stable footage for speed is the most common and costly mistake.
11. Record compass bearing to object: azimuth in degrees (0 = North, 90 = East, 180 = South, 270 = West).
12. Estimate elevation angle above horizon (0 degrees = horizon, 90 degrees = directly overhead). Use a clinometer app.
13. Begin timing: document exact duration of observation.
14. Note any associated phenomena: sound, smell, physical sensations, electrical interference, animal behavior.
15. Record all environmental readings: EMF, temperature, barometric pressure.
16. Monitor aviation frequencies on scanner for relevant traffic.
17. Contact any other observers in the area immediately.

### Key Measurements to Document

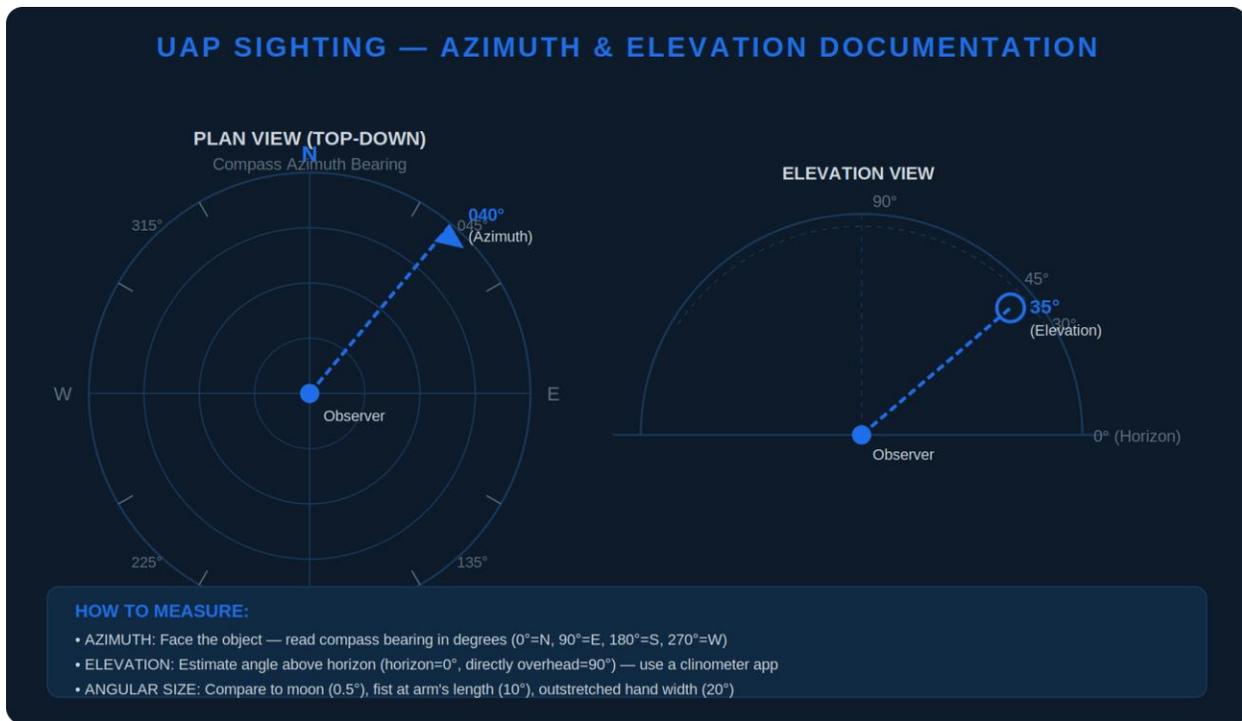


Figure 2 — UAP Sighting Documentation: azimuth (compass bearing) and elevation angle measurement guide. Always document both values at time of sighting.

- Azimuth bearing: compass bearing to object in degrees true and magnetic; note declination.
- Elevation angle: degrees above horizon; use clinometer or protractor-style app.
- Apparent angular size: compare to moon (0.5 degrees), fist at arm length (10 degrees).
- Color and spectral description: use standard color reference chart for consistency.
- Rate of movement: degrees per second across sky if the object moves.
- Duration: begin time and end time with GPS timestamp.
- Behavior pattern: straight-line, hovering, erratic, formation flight, instantaneous acceleration.
- Sound: decibel estimate, frequency/pitch, direction relative to observer.

### Ground Evidence Protocol (CE-2 Events)

When a UAP event appears to involve ground interaction, treat the site as a physical evidence scene from the moment it is identified.

- Establish a perimeter and photograph the entire area before anyone enters the potential evidence zone.
- Look for: soil compression, burning or scorching, radiation anomalies, magnetic variations, biological effects on vegetation.
- Collect soil samples from center, perimeter, and control samples from 50+ feet away.
- Measure and photograph any ground traces using forensic photography methods with scale references.
- Take Geiger counter readings at concentric distances from the site center, documenting against background levels.
- EMF readings at 1-meter intervals radiating outward from the apparent center.

## 7.4 Reporting UAP Events

- AARO: Official U.S. government UAP reporting at aaro.mil - for military personnel and civilians.
- NUFORC (nuforc.org): Long-running civilian database with structured report format.
- MUFON (mufon.com): Civilian investigation network with field investigators who can follow up.
- NARCAP (narcap.org): Specifically for aviation-related UAP encounters by pilots and crew.
- SCU (explorescu.org): Scientific Coalition for UAP Studies - for research-quality documentation.

### **REPORTING TIP**

Submit complete, detailed reports with full documentation. Vague reports are filed and forgotten. Reports that include timestamps, GPS coordinates, equipment specifications, weather data, and supplementary evidence receive attention from serious researchers. Quality over speed - take time to compile a thorough report.

## CHAPTER 8: CRYPTID INVESTIGATION ANOMALOUS AERIAL PHENOMENA ANALYSIS

**WILDLIFE SENSING ARRAY.**

**INTEGRATED BIO-SENSORS.**  
eDNA Sampling, Bioacoustic Monitoring, Thermal/IR Trace Detection.

**BIOLOGICAL TRACE ANALYSIS.**

**SAMPLE COLLECTION & FIELD ANALYSIS.**  
Hair, Scat, Flora, Tissue Core Sampling.

**ETHICS**

**BIOMETRIC DATA COLLECTION.**  
Standardized Reporting, Metadata Logging.

**TRACKING & SITE ANALYSIS.**

**TRACKING & SITE ANALYSIS.**  
SYSTEMATIC TRACKING, Site Grid Mapping, Trail Camera Placement.

**PRELIMINARY DATA REVIEW.**  
On-Site Data Integration, Hypothesis Building, Security Review.

**DATA SYNTHESIS & REVIEW.**  
On-Site Data Integration, Hypothesis Building, Security Review.

**FRAMEWORK FOR ANALYSIS**

**THE SCIENTIFIC ARSENAL**

**SENSOR INTEGRITY**  
**LOCATION OPS**  
**TIMESTAMP**  
**Sighting/Trace Correlation ID**  
**BIOLOGICAL BASELINE**

**OBSERVATIONAL CORRELATION**

**TRACER CORRELATION**   **EVIDENCE SYNTHESIS**

**POI**   **POI**

# CHAPTER 8: CRYPTID INVESTIGATION

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## 8.1 Introduction to Cryptozoology

Cryptozoology is the study of animals whose existence has not been confirmed by mainstream science. Unlike paranormal investigation, cryptid research operates firmly within the realm of biology - undiscovered species are documented regularly, and the question is not whether unknown large animals can exist, but whether specific reported animals do exist in specific regions.

The discovery of the Okapi (1901), the Coelacanth (1938), the Megamouth Shark (1976), and dozens of large mammals and deep-sea species in recent decades demonstrates that large, unknown animals do continue to be found. Credible cryptid research applies the same methods as wildlife biology: track analysis, camera trapping, DNA collection, behavioral observation, and habitat assessment.

## 8.2 Major Cryptid Profiles

### Bigfoot / Sasquatch

The most reported cryptid in North America with thousands of accounts spanning centuries of Indigenous oral history. Most reports originate from Pacific Northwest forests, but encounters have been documented in nearly every U.S. state and Canadian province.

- Reported characteristics: 6-10 feet tall, bipedal, covered in dark or reddish-brown hair, distinctive heel-toe gait, pronounced brow ridge.
- Key evidence: Dermatoglyphic tracks (with fingerprint-equivalent ridge patterns), hair samples, vocalizations (Sierra Sounds recordings), tree structures, possible eDNA.
- High-activity areas: Pacific Cascades, Olympic Peninsula, Northern Rockies, Appalachian range, Florida panhandle.
- The 1967 Patterson-Gimlin Film remains the most discussed potential footage; the debate over its authenticity continues among experts.

### Dogman / Canid Cryptids

Reports of large, upright canid-type creatures have increased significantly since the late 20th century, particularly in the Great Lakes region. These encounters often involve aggressive behavior and are frequently associated with specific geographic corridors.

- Reported characteristics: 6-9 feet standing, digitigrade stance, elongated snout, canid facial features, often described as smelling strongly.
- Key evidence: Unusual tracks (canid-like but bipedal and large), hair samples with unusual morphology, vocalizations unlike known species.
- High-activity regions: Michigan, Wisconsin, Ohio, Pennsylvania, northern Texas, Kentucky.

### Aquatic Cryptids

Reports of large, unknown aquatic animals exist in major lakes and ocean regions worldwide. Lake Champlain (Champ), Loch Ness (Nessie), Lake Okanagan (Ogopogo), and open ocean sea serpent reports are among the most documented categories.

- Key evidence: Underwater video, sonar anomalies, physical specimens, sonar return profiles inconsistent with known species.
- Investigation equipment: Underwater cameras, multi-frequency sonar, hydrophones, water sample collection for eDNA analysis.
- Known misidentifications: Floating logs, wave trains, large sturgeon, oarfish, giant cephalopods, optical mirages.

### Large Felid Reports

Reports of large, out-of-range felids - cougars in eastern North America, black leopards in regions without known melanistic populations - are among the most biologically plausible cryptid categories. Some undoubtedly represent escaped exotic pets; others may indicate genuine relic populations.

- Key evidence: Tracks (always cast in dental stone), scat for DNA analysis, game camera footage, characteristic livestock kill patterns.

### Avian Cryptids / Thunderbird

Reports of anomalously large birds, exceeding known condor or eagle wingspans, appear throughout North American history and continue to be reported from the Appalachians to Appalachian Texas.

- Key evidence: Footage allowing size estimation against reference objects, feathers for DNA and morphology analysis, track analysis.
- Common misidentifications: American White Pelicans (wingspan up to 9.5 feet), California Condors, eagles with exaggerated size estimation at distance.

## 8.3 Track Analysis & Casting

### Track Photography Protocol

18. Photograph the track before approaching it. Use maximum zoom from a distance.
19. Measure track length and width at the widest point. Record in both centimeters and inches.
20. Count and measure any toe impressions and note presence or absence of claw marks.
21. Photograph with a scale reference directly overhead and at a 45-degree angle.
22. Photograph at least 5 consecutive tracks to document stride length and gait pattern.
23. Note and record substrate conditions: mud, sand, snow, soil; moisture level; estimated hardness.
24. Examine carefully for dermal ridges - fingerprint-equivalent patterns that are critical to scientific credibility.

### TRACK DOCUMENTATION & MEASUREMENT GUIDE

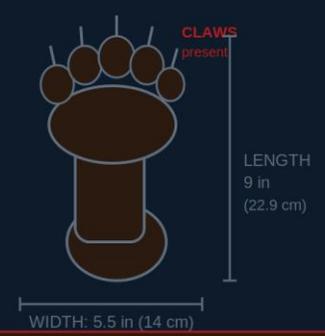
UNKNOWN BIPEDAL TRACK <small>(Possible Sasquatch/Cryptid)</small>	BLACK BEAR HIND TRACK <small>(Common Misidentification)</small>
 <p style="text-align: center; color: blue; font-weight: bold;">LENGTH 16 in (40.6 cm)</p>	 <p style="text-align: center; color: red; font-weight: bold;">CLAWS present</p> <p style="text-align: center;">LENGTH 9 in (22.9 cm)</p> <p style="text-align: center;">WIDTH: 5.5 in (14 cm)</p>
<p style="text-align: center; margin: 0;"><b>CRYPTID TRACK INDICATORS:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> No claw marks (retractile or absent)</li> <li><input type="checkbox"/> Dermal ridges visible (fingerprint-equivalent)</li> <li><input type="checkbox"/> Stride length 5-7 ft   Step width in-line (bipedal)</li> </ul>	<p style="text-align: center; margin: 0;"><b>BEAR TRACK INDICATORS:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Claw marks present above toe pads</li> <li><input type="checkbox"/> Asymmetric toe arrangement</li> <li><input type="checkbox"/> Quadruped stride — stagger-offset pattern</li> </ul>

Figure 4 — Track documentation guide: unknown bipedal track (left) vs. black bear hind track (right). Note the absence of claw marks and presence of dermal ridges in the cryptid candidate track.

## Dental Stone Casting Technique

A quality cast is worth more than any photograph. Practice this technique at home before you need it under field conditions.

- Use dental stone (Die-Keen) rather than plaster of Paris. Dental stone is far harder and captures finer detail.
- Mix ratio: approximately 1 part water to 3-4 parts dental stone. Mix to smooth, pourable consistency with no lumps.
- For sandy or dry tracks, lightly mist with water-and-hairspray mixture before pouring.
- Pour the mixture gently from the side of the track, not directly onto the print, to avoid destroying detail.
- Allow a minimum of 45-60 minutes before carefully lifting the cast.
- Allow cast to cure for 24 hours before cleaning with a soft brush.
- Label immediately: location, GPS coordinates, date, time, track number, investigator initials.

### PRO TIP: Casting in Snow

Standard dental stone will melt snow tracks during the exothermic curing reaction. Use Snow Print Wax spray in multiple light coats before pouring, and use ice-cold water when mixing dental stone to slow the reaction. Keep unmixed materials in a cooler until the moment of use.

## Hair and DNA Collection

Hair samples can be submitted for genetic analysis and represent the gold standard of physical cryptid evidence because they can survive for years and yield definitive species identification when a match exists.

- Always wear nitrile gloves. Human DNA contamination permanently compromises a sample.
- Use forceps or tweezers for collection - never bare fingers.
- Place hair in a paper envelope, not plastic. Plastic promotes moisture retention and sample degradation.
- Collect multiple hairs if available. Single-hair samples sometimes fail to sequence adequately.
- Note: root bulb must be present for nuclear DNA sequencing. No bulb = mitochondrial DNA only.
- Label with full collection data immediately after sealing.
- For formal analysis, submit to an academic genetics lab or eDNA analysis service. Describe the sample as unknown biological material of uncertain species origin.

## 8.4 Acoustic Investigation

Many cryptid accounts involve anomalous vocalizations: infrasonic calls, wood knocking, rock clapping, and howls unlike any known regional species. Acoustic documentation is one of the most reproducible and scientifically credible evidence forms in cryptid research.

- Deploy parabolic microphones at intervals across the investigation area to allow sound triangulation.
- Record continuously at 96kHz/24-bit to capture infrasonic or ultrasonic components invisible at standard rates.
- Use spectrogram analysis (Raven Pro, Adobe Audition) to visualize frequency content over time.

- Compare unknown vocalizations against the Cornell Lab of Ornithology Macaulay Library, the most comprehensive database of known wildlife sounds.
- Document all known wildlife species in the area and their documented vocalizations before investigation.

## **8.5 Trail Camera Deployment Strategy**

- Height: Mount cameras at 2-3 feet for ground-level animals; 4-6 feet for upright bipedal subjects.
- Angle: Aim slightly downward. Cameras aimed flat frequently miss moving subjects in the lower frame.
- Trigger speed: Use cameras with dual PIR sensors and trigger speed under 0.5 seconds.
- Coverage: Deploy overlapping camera pairs so subjects trigger at least two cameras simultaneously.
- Positioning: Avoid south-facing positions that receive direct daytime sun (causes false triggers from heat buildup).
- Scent: Use scent-elimination spray on camera housing and mounting hardware.
- Review schedule: Check cameras at minimum weekly; high-traffic areas fill memory cards quickly.

## CHAPTER 9: PARANORMAL INVESTIGATION: GHOSTS, SPIRITS, & RESIDUAL ENERGY ANALYSIS

**MULTIMODAL SENSOR ARRAY.**  
Acoustic (EVP), Electromagnetic Field (EMF),  
Thermal & IR.

**ANOMALOUS DATA COLLECTION.**  
Standardized Reporting, Metadata Logging.

**SITE ANALYSIS & TRIANGULATION.**  
SYSTEMATIC TRACKING,  
Historical Research Grid, Triangulation Control.

**ENERGY TRACE ANALYSIS.**

**SAMPLE COLLECTION & FIELD ANALYSIS.**  
eDNA Soil & Air, Residual  
Energy Traces.

**FRAMEWORK FOR ANALYSIS**  
EVENT CORRELATION  
TRACER CORRELATION  
HYPOTHESIS BUILDING

**PRELIMINARY DATA REVIEW.**  
On-Site Data Integration,  
Preliminary Analysis,  
Witness Security.

**DATA SYNTHESIS & REVIEW.**  
On-Site Data Integration,  
Preliminary Analysis, Hypothesis  
Refinement, Witness Security.

**THE SCIENTIFIC ARSENAL**

# CHAPTER 9: PARANORMAL INVESTIGATION

## 9.1 Investigation Framework

Paranormal investigation covers a broad range of reported phenomena: apparitions, poltergeist activity, unexplained sounds, object movement, electronic disturbances, and a variety of sensory experiences at specific locations. The framework must be rigorous precisely because the phenomena are difficult to document objectively and easy to misattribute.

The baseline assumption of every paranormal investigation is that the phenomena have a conventional explanation. The investigator's job is to document what occurs and systematically eliminate explanations until only those requiring further investigation remain.



Figure 3 — Paranormal investigation equipment placement diagram. Camera fields of view overlap for full room coverage from two independent angles.

## 9.2 Location Assessment & Historical Research

### Building History Research

- Obtain deed and ownership records going back as far as possible.
- Research deaths, crimes, tragedies, and significant events associated with the address through newspaper archives and court records.
- Interview long-term neighbors, community members, and former occupants.
- Obtain floor plans and identify structural features that could produce anomalous sounds (pipe routing, HVAC paths, structural spans).
- Review building permits and modification history that may have introduced new sources of interference.

### Conventional Cause Assessment Before Investigation

Reported Phenomenon	Conventional Explanations to Rule Out	Test Method
Cold spots	Drafts, HVAC ductwork, single-pane windows, thermal bridging	Seal sources; repeated temp measurement
Unexplained sounds	Pipes, settling wood, HVAC, animal intrusion, infrasound	Structural inspection; wildlife cameras
Feelings of unease	Carbon monoxide, infrasound at 18.98Hz, EMF, mold toxins	CO detector; infrasound meter; air quality
Apparitions / figures	Reflections, pareidolia, hypnagogic states, poor lighting	Change lighting; multiple observer test
Moving objects	Vibration from traffic/trains, thermal expansion, air currents	Identify all vibration sources; seal drafts
Electronic interference	Local EMF sources, 60Hz interference, cell tower proximity	EMF survey; map all sources
Unusual smells	Mold, animal intrusion, leaking gas, soil gases, decaying matter	Air quality test; structural inspection
Feeling watched	Infrasound, CO, sleep deprivation, peripheral vision phenomena	CO test; infrasound survey; rest check

### 9.3 EVP Collection Methodology

Electronic Voice Phenomena (EVP) are among the most frequently reported and most frequently misinterpreted evidence in paranormal investigation. A rigorous EVP protocol is essential because audio pareidolia - the brain's tendency to find speech patterns in noise - is extremely powerful.

#### EVP Evidence Classes

- Class A: Clearly audible and understandable without headphones. Multiple independent reviewers agree on the content without prompting.
- Class B: Audible with headphones. Most reviewers agree on content but some disagreement exists.
- Class C: Faint, requires significant amplification. Reviewers frequently disagree on interpretation.

Only Class A EVP should be presented as primary evidence. Class C should be acknowledged in reports but never presented as compelling evidence.

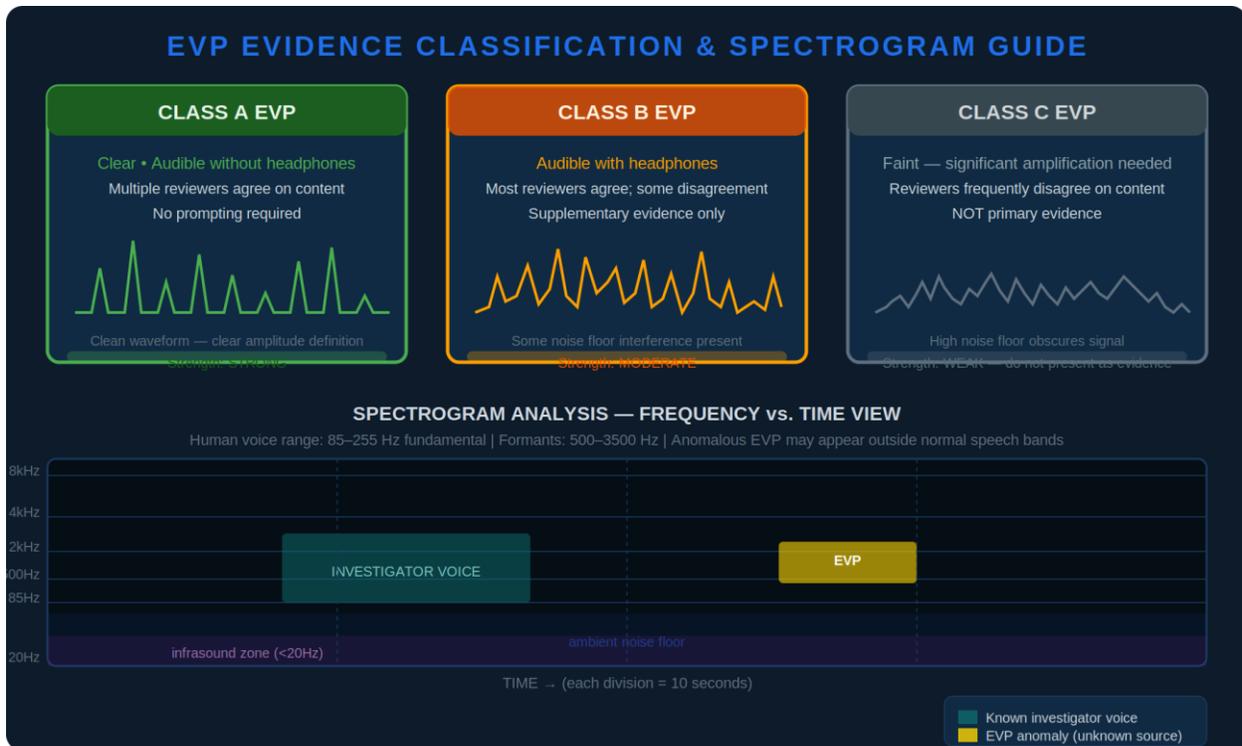


Figure 6 — EVP classification guide with waveform and spectrogram analysis reference. Class A represents the only credible primary evidence standard. Spectrogram view reveals frequency-time content invisible in standard waveform view.

## EVP Recording Protocol

- Use a recorder with external microphone input and monitor in real time on headphones.
- State aloud at the beginning of each session: date, time, location, investigator names, and purpose.
- Ask questions slowly and clearly, leaving 15-30 seconds of silence after each question.
- Any investigator sounds must be verbally logged: Footstep, John, moving north.
- Conduct sessions with no more than three investigators present. More investigators means more contamination.
- Never present an EVP without playing the full session context surrounding it.
- Blind review protocol: At least three reviewers listen without being told what to hear.

### **CRITICAL: Audio Pareidolia Warning**

The human brain is extraordinarily good at finding speech patterns in random noise. Priming reviewers by telling them what a recording says before they hear it will almost always cause them to hear the suggested content. This is a documented neurological phenomenon, not a character flaw. Blind review is mandatory for all EVP evidence presentation.

## 9.4 EMF Investigation

High-EMF environments have been documented in the scientific literature as producing feelings of unease, apparitional experiences, and physical symptoms. This means EMF readings serve two purposes: they can explain reported phenomena (conventional cause) and anomalous EMF readings without identified sources may warrant further investigation.

- Map the entire investigation area with EMF readings before any active investigation begins.

- Document every conventional EMF source: outlets, electrical panels, appliances, lighting fixtures.
- Note baseline levels at all investigation stations.
- Any spike above 2.5 milligauss in an area with no identified conventional source warrants additional investigation.
- Use a broadband meter (TriField TF2) for general surveying and a single-axis meter for directional readings.
- Photograph all significant meter readings and verbally log every reading with timestamp and location.

## 9.5 Full-Spectrum Camera Investigation

Full-spectrum cameras have had the infrared-cut filter removed, allowing recording of visible light, near-infrared, and near-ultraviolet simultaneously. This wider capture range can reveal environmental features not visible to the naked eye.

- Always pair full-spectrum cameras with standard cameras for direct comparison.
- IR illuminators significantly extend the effective range of full-spectrum cameras in darkness.
- Document every light source present during full-spectrum recording - IR contamination from remote controls, security systems, and other sources is common and can produce apparent anomalies.

## 9.6 Trigger Objects & Controlled Environment Testing

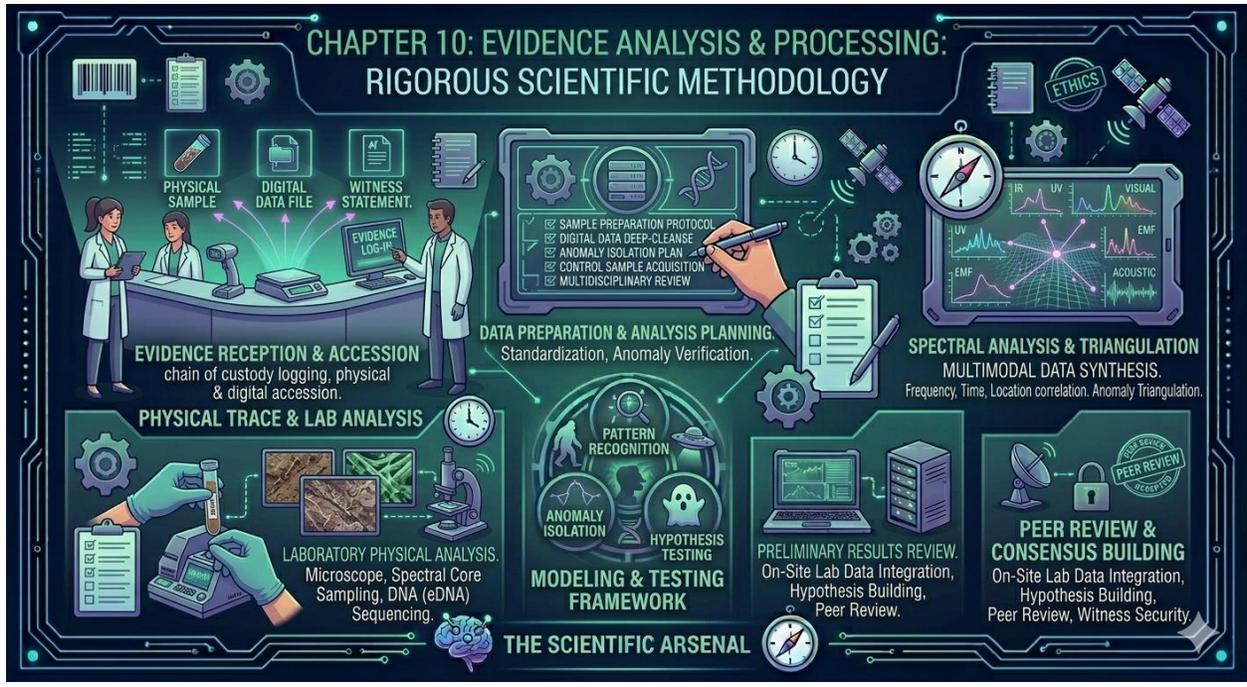
A trigger object placed in a monitored, documented location tests for potential environmental interaction. The method requires strict controls to produce scientifically meaningful results.

25. Photograph the object in position with GPS-timestamped images establishing exact position.
26. Measure the exact position against two fixed reference points. Record measurements in millimeters.
27. Seal the area. No one enters while monitoring is active.
28. Maintain continuous uninterrupted video recording of the object from multiple angles.
29. At session end, compare position against baseline measurements before touching the object.
30. Any movement must have all conventional explanations (vibration, air currents, thermal expansion) tested and documented as eliminated before claiming anomalous movement.

## 9.7 Working With Occupants and Witnesses

When investigating occupied properties, the people who live or work there are both your most valuable witnesses and your greatest source of potential contamination and ethical responsibility.

- Conduct full witness interviews before the investigation, separately and on record.
- Have occupants conduct a walkthrough during daylight reconnaissance to identify all known conventional sound and light sources.
- Do not share preliminary findings until your full analysis is complete - partial evidence without context can be deeply distressing and misleading.
- Protect occupant privacy in any published reports. Use pseudonyms unless explicit written permission is obtained.
- Never exploit emotional vulnerability. Some witnesses are deeply invested in a specific outcome.



# CHAPTER 10: EVIDENCE ANALYSIS & PROCESSING

## 10.1 Chain of Custody

Chain of custody is the unbroken, documented trail of evidence from collection through analysis and storage. Without it, evidence can be challenged or dismissed regardless of its apparent quality. Treat every piece of evidence as if it will be submitted in a legal proceeding.

31. Document evidence in the field using the Evidence Log Sheet at the exact time of collection.
32. Assign each item a unique evidence number using the format: YYYYMMDD-LOCATION-001.
33. Photograph all evidence before, during, and after collection.
34. Transfer evidence in sealed, labeled containers.
35. Log each transfer of custody: who received it, when, and for what purpose.
36. Maintain secure evidence storage: locked, climate-controlled where possible.
37. Log every access to stored evidence with date, time, accessor, and purpose.

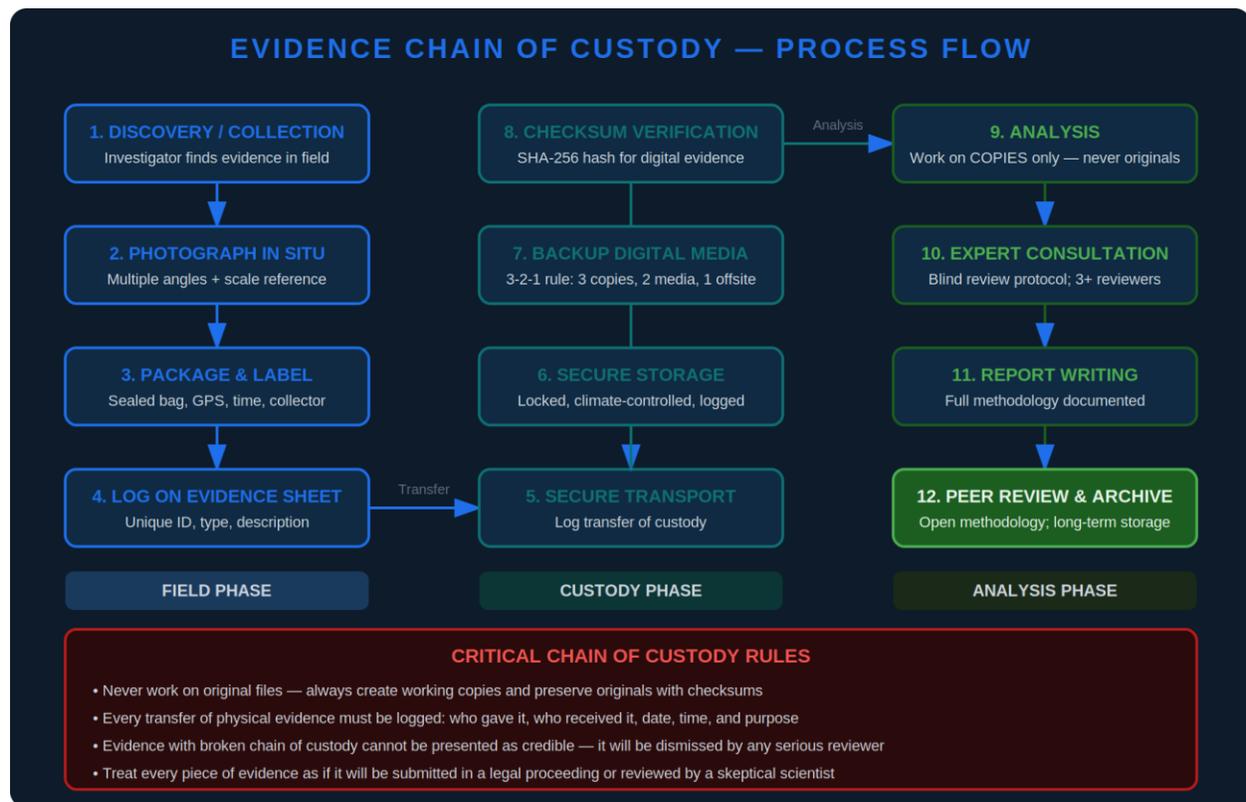


Figure 5 — Evidence chain of custody process flow: from field discovery through packaging, secure storage, analysis, and peer-reviewed archiving.

## 10.2 Digital Evidence Processing

### Video Analysis Protocol

Step	Tools	Purpose
Initial Review	VLC Media Player	Full timeline review; flag anomalous timestamps

Step	Tools	Purpose
Frame-by-Frame	DaVinci Resolve, Adobe Premiere	Examine individual frames; identify artifacts
Stabilization	DaVinci Resolve Stabilizer	Separate object motion from camera motion
Metadata Verification	ExifTool, MediaInfo	Confirm date, time, device; detect editing
Angular Velocity	Manual calculation with reference objects	Estimate true speed and distance
Enhancement	Topaz Labs, Adobe Lightroom	Exposure/contrast adjustment only - never alter for analysis
Thermal Cross-Reference	FLIR Tools, IRAnalyzer	Correlate thermal and visible light footage
Spectrographic Analysis	VirtualDub, Avisynth	Pixel-level examination of anomalous areas

### Audio Analysis Protocol

- Work only on copies of original files. Original recordings must never be modified.
- Use professional DAW software: Adobe Audition, Reaper, or Audacity (free).
- Use spectrogram view to visualize frequency content over time. Many anomalies invisible in waveform view are clearly visible in spectrogram.
- Apply noise reduction cautiously. Over-processed audio creates artifacts that can resemble voices.
- Document every processing step: what was done, software settings, and justification.
- Export both the original unprocessed clip and any processed versions for every EVP candidate.

### Physical Sample Analysis Pathway

Physical samples require laboratory analysis beyond field capabilities. Build relationships with relevant academic and forensic laboratories before you need them.

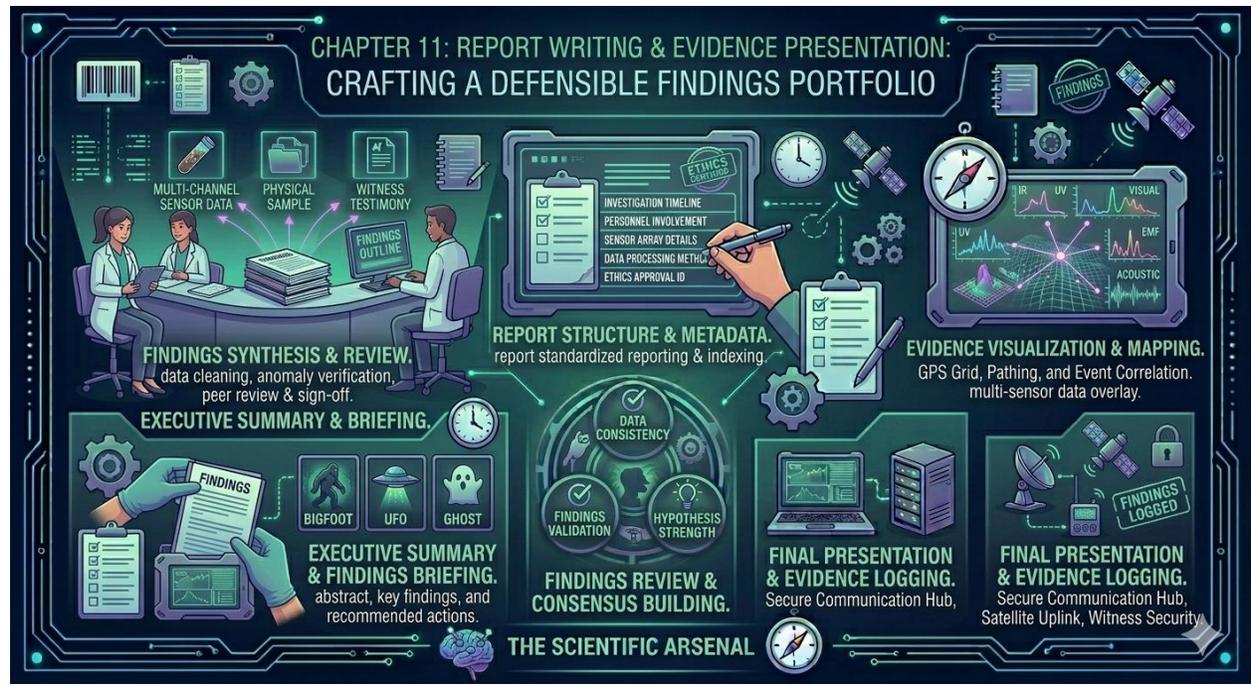
Sample Type	Analysis Type	Where to Submit
Hair/fur	Morphology, mitochondrial DNA, nuclear DNA	Wildlife biology departments, genomic labs
Soil samples	Radiation, heavy metals, organic composition	University geochemistry labs
Biological fluid	DNA sequencing, species identification	Commercial genomic services (anonymous submission)
Metallurgical samples	Elemental composition, isotope ratios	University engineering or geology departments
Water samples	eDNA, chemical composition, biological content	Environmental testing labs, university biology

## 10.3 Evidence Evaluation Checklist

**COMPLETE THIS CHECKLIST BEFORE PRESENTING ANY EVIDENCE AS ANOMALOUS**

### COMPLETE THIS CHECKLIST BEFORE PRESENTING ANY EVIDENCE AS ANOMALOUS

<input type="checkbox"/>	Have I reviewed ALL footage from ALL cameras for this event?
<input type="checkbox"/>	Have I documented the full timeline surrounding the anomaly?
<input type="checkbox"/>	Have I verified the metadata integrity of all digital evidence files?
<input type="checkbox"/>	Have I consulted at least one expert from a relevant conventional field?
<input type="checkbox"/>	Have I attempted to reproduce the observed anomaly using conventional means?
<input type="checkbox"/>	Have I checked for equipment malfunction or calibration errors?
<input type="checkbox"/>	Have I conducted blind review with at least 3 independent reviewers?
<input type="checkbox"/>	Have I considered the possibility of intentional hoax by any party?
<input type="checkbox"/>	Have I cross-referenced the event with all other data streams from the same time period?
<input type="checkbox"/>	Am I being honest about the quality and completeness of the evidence?
<input type="checkbox"/>	Can I clearly state what the evidence does NOT show, not just what it might show?
<input type="checkbox"/>	Have I allowed adequate time since collection to avoid emotional bias in analysis?



# CHAPTER 11: REPORT WRITING & EVIDENCE PRESENTATION

## 11.1 Professional Report Structure

A well-structured investigation report is what separates credible researchers from amateur enthusiasts. Reports should be written as if they will be reviewed by skeptical scientists - because credible ones will be.

Section	Content Requirements
1. Executive Summary	One-page overview: location, date, team, key findings, conclusion statement
2. Investigation Background	Prior reports, historical research, reasons for investigation
3. Team & Credentials	Names, roles, relevant qualifications, any conflicts of interest
4. Equipment List	All equipment with make, model, serial number, and last calibration date
5. Site Description	Physical description, photographs, maps, GPS coordinates of all stations
6. Environmental Baseline	All baseline readings: EMF, temperature, pressure, audio, visual
7. Investigation Timeline	Chronological log of all activities and observations with timestamps
8. Evidence Log	Catalog of all evidence collected with full collection metadata
9. Evidence Analysis	Detailed analysis of each piece of evidence, processing applied
10. Alternative Explanations	All conventional explanations considered and how each was evaluated
11. Conclusions	Findings stated with appropriate confidence levels and explicit uncertainties
12. Recommendations	Further investigation suggested; experts to consult; follow-up required
13. Appendices	Raw data files, full witness statements, unedited media, all forms

## 11.2 Language Standards

Language in reports signals credibility. Use precise, measured, evidence-based language throughout.

Avoid This Language	Use This Instead
Ghost appeared in the hallway	Unidentified visual anomaly was recorded on camera in the hallway
Sasquatch track was found	Unidentified bipedal track with morphology inconsistent with known species
Alien craft was observed	Unidentified aerial phenomenon of unknown origin was documented
This proves the paranormal	Documented anomaly inconsistent with conventional explanation at this time
Definitely / Certainly	Consistent with / Suggests / Cannot be ruled out at this stage
Nothing can explain it	No conventional explanation has been identified at this time

Avoid This Language	Use This Instead
The ghost said...	The recording contains an apparent vocalization: [transcription with uncertainty noted]

### 11.3 Digital Evidence Archiving

- Use a 3-2-1 backup strategy: 3 copies of everything, on 2 different media types, with 1 offsite.
- Store files in original formats only. Never use lossy compression (JPEG, MP3) for archiving evidence.
- Create SHA-256 checksums for all evidence files to detect any alteration over time.
- Include a readme document with every evidence folder: investigation ID, team, equipment list, and summary.
- Review and test backup integrity at minimum quarterly.

## CHAPTER 12: PROFESSIONAL DEVELOPMENT & COMMUNITY: BUILDING THE SCIENTIFIC NETWORK

**NETWORK EXPANSION & SHARING.**  
Professional workshops, global collaboration, multi-disciplinary teams.

**CONFERENCE AGENDA** | **INVESTIGATOR NETWORK**

**FINDINGS SYNTHESIS & ITARING**  
Professional workshops, global skills, and-disciplinary teams.

**MENTORSHIP & SKILL BUILDING**

**SKILL-TREE DEVELOPMENT.**  
mentorship, practical field skills, and advanced tools.

**PROFESSIONAL MILESTONES**

- ✓ CERTIFICATION OBTAINED
- ✓ PUBLICATIONS REVIEWED
- ✓ PEER REVIEW ACCEPTED
- ✓ ETHICS REVIEW STAMP
- ✓ COMMUNITY CONTRIBUTION LOGGED

**PROFESSIONAL DEVELOPMENT LOG.**  
skill tracking, certs, & peer recognition.

**MENTORSHIP & SITE MAPPING**  
coordinated fieldwork, mentoring, and skill asset tracking, and witness security.

**KNOWLEDGE SHARING**  
**PEER SUPPORT**  
**ETHICS COMPLIANCE**

**COMMUNITY CONTRIBUTION & REVIEW.**

**GLOBAL PESENTORK**  
On-Site data sharing, peer support, and ethics check.

**SECURE DISSEMINATION & GLOBAL LOGGING.**  
global data logging, peer review network, global asset tracking, and witness security

**SECURE UPLINK**

**THE SCIENTIFIC ARSENAL**

# CHAPTER 12: PROFESSIONAL DEVELOPMENT & COMMUNITY

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## 12.1 Building Your Research Foundation

Serious paranormal investigation requires ongoing education across multiple disciplines. The best investigators have working knowledge of biology, physics, meteorology, psychology, forensic science, and electronics.

### Essential Study Areas

- Atmospheric optics: Understand how light behaves in different atmospheric conditions. Mirages, halos, light pillars, and sprites account for a significant portion of reported aerial phenomena.
- Wildlife biology: Essential for distinguishing known animals from cryptid candidates. Complete a field identification course for your regional fauna.
- Forensic science: Crime scene documentation, chain of custody, and evidence handling principles apply directly to paranormal investigation.
- Psychology of perception: Understanding how human perception fails is as important as any piece of equipment.
- Basic electronics: Understanding how your equipment works, what it can and cannot detect, and how to interpret anomalous readings correctly is fundamental.
- Astronomy: Know the sky. The ability to immediately identify any celestial object eliminates one of the most common false UAP report categories.
- Infrasound and acoustic physics: 18.98Hz infrasound has been documented causing feelings of unease, apparitional experiences, and physical symptoms in controlled studies.

## 12.2 Ethics and Integrity

### **ETHICS ARE NON-NEGOTIABLE**

The paranormal research community has been repeatedly and significantly damaged by fraud, exaggeration, and sensationalism. Every investigator who fabricates evidence or overclaims findings makes the work of every honest researcher harder. Commit to ethical practice as the foundation of your work.

- Never fabricate, alter, or selectively present evidence. The investigator who does this once destroys every future finding.
- Acknowledge inconclusive findings openly. Most investigations produce inconclusive results - that is not failure, it is honesty.
- Call out known hoaxes and poor evidence in the community. Silence on fraud is complicity.
- Respect witness privacy and emotional investment in their experiences, regardless of how you assess the likely explanation.
- Be fully transparent about methodology, funding sources, and any commercial interests in findings.
- Credit all collaborators fairly and accurately.

### **A NOTE ON BELIEF**

You do not need to believe in the phenomenon you are investigating to be an excellent investigator. Investigators who are strongly convinced of a specific conclusion before

beginning an investigation are among the worst evidence-gatherers. Let the evidence lead wherever it leads - including to mundane explanations.

# APPENDIX A: INVESTIGATION REPORT FORM

Complete all fields at the investigation site in real time. Do not reconstruct from memory afterward.

Field	Entry
Investigation ID (YYYYMMDD-LOCATION):	
Date:	
Location Name:	
GPS Coordinates (lat/long):	
Address / Description:	
Investigation Type:	UAP / Cryptid / Paranormal / Combined
Lead Investigator:	
Team Members:	
Time Start:	
Time End:	
Weather Conditions:	
Temperature (F):	
Wind Speed/Direction:	
Barometric Pressure (hPa):	
Lunar Phase:	
Visibility (miles):	
Cloud Cover (%):	
Baseline EMF (avg mG):	
Baseline Audio (dB):	
CO Level (ppm):	
Property Permission on file:	YES / NO
Permits / Authorizations:	

**SUMMARY OF OBSERVATIONS:**  
**EVIDENCE COLLECTED (attach Evidence Log Sheet):**  
**PRELIMINARY CONCLUSIONS:**

**FOLLOW-UP ACTIONS REQUIRED:**

Lead Investigator Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## APPENDIX B: COMPLETE EQUIPMENT CHECKLIST

VIDEO EQUIPMENT	
<input type="checkbox"/>	Primary 4K Camera - Battery charged, settings verified, memory card formatted
<input type="checkbox"/>	Secondary / Backup Camera - Battery charged, settings verified
<input type="checkbox"/>	Night Vision Camera - Battery charged, tested in darkness
<input type="checkbox"/>	Thermal / FLIR Camera - Battery charged, lens clean
<input type="checkbox"/>	Tripods (x2 minimum) - Fluid head tested, all locks functional
<input type="checkbox"/>	Memory Cards (V90 rated, x4 minimum) - Formatted and storage verified
<input type="checkbox"/>	Extra Camera Batteries (3x minimum per camera)
<input type="checkbox"/>	Camera charging cables and power banks
<input type="checkbox"/>	Trail Cameras (x2+ with mounting hardware) - Batteries and SD cards installed
<input type="checkbox"/>	360 Camera (if carried) - Battery charged

AUDIO EQUIPMENT	
<input type="checkbox"/>	Primary Digital Recorder (96kHz/24-bit) - Battery charged, test recording made
<input type="checkbox"/>	Backup Digital Recorder - Battery charged
<input type="checkbox"/>	External Shotgun Microphone with XLR cable - Cable tested
<input type="checkbox"/>	Parabolic Microphone - Dish assembled; cable tested
<input type="checkbox"/>	Omnidirectional Boundary Microphone
<input type="checkbox"/>	Monitoring Headphones - Cable functional
<input type="checkbox"/>	Extra batteries for all recorders
<input type="checkbox"/>	Spare microphone cables (x3 - cable failure is common in cold)

ENVIRONMENTAL MONITORING	
<input type="checkbox"/>	Broadband EMF Meter (TriField TF2 or equivalent) - Calibrated, battery fresh
<input type="checkbox"/>	K-II EMF Meter - Battery fresh
<input type="checkbox"/>	Infrared Thermometer - Calibration verified
<input type="checkbox"/>	Data-Logging Thermometer with multiple sensors
<input type="checkbox"/>	Barometric Pressure Monitor
<input type="checkbox"/>	Geiger Counter - Background reading taken and logged
<input type="checkbox"/>	Air Quality Monitor (CO, CO2, VOC, particulate) - Sensor check complete
<input type="checkbox"/>	Magnetometer (3-axis)

## ENVIRONMENTAL MONITORING

<input type="checkbox"/>	Humidity Sensor
<input type="checkbox"/>	Carbon Monoxide Detector (dedicated, not same as air quality meter)

## NAVIGATION, COMMUNICATION & SAFETY

<input type="checkbox"/>	GPS Device (dedicated) - Fully charged, regional maps downloaded
<input type="checkbox"/>	Lensatic Compass
<input type="checkbox"/>	Two-Way Radios (x2+ per pair) - Tested on agreed channel
<input type="checkbox"/>	Satellite Communicator (inReach/SPOT) - Charged, contact pre-registered
<input type="checkbox"/>	Mobile Phones (x2) - Charged, emergency contacts pre-dialed
<input type="checkbox"/>	Topographic Maps (paper backup for investigation area)
<input type="checkbox"/>	First Aid Kit - Stocked, accessible, investigator knows location
<input type="checkbox"/>	Flashlights / Headlamps (x2 per person) - Fresh batteries
<input type="checkbox"/>	High-visibility safety vests (for any roadside or traffic-adjacent work)
<input type="checkbox"/>	Emergency contact number confirmed and communicated

## EVIDENCE COLLECTION

<input type="checkbox"/>	Forensic Casting Kit (dental stone, mixing bowls, frames, water bottle)
<input type="checkbox"/>	Forensic Evidence Bags - paper and plastic, multiple sizes, pre-labeled
<input type="checkbox"/>	DNA Collection Swabs with sterile tubes
<input type="checkbox"/>	Nitrile Gloves (multiple pairs per investigator)
<input type="checkbox"/>	Forceps / Tweezers (x2)
<input type="checkbox"/>	Measuring Tape (25 foot)
<input type="checkbox"/>	Folding Ruler / Scale Reference Cards
<input type="checkbox"/>	Evidence Flags - wire type, multiple colors
<input type="checkbox"/>	UV / Black Light Torch with spare batteries
<input type="checkbox"/>	Fine-point permanent markers for labeling
<input type="checkbox"/>	Investigation Report Forms (5 copies minimum)
<input type="checkbox"/>	Evidence Log Sheets (10 copies minimum)
<input type="checkbox"/>	Witness Statement Forms (5 copies minimum)
<input type="checkbox"/>	Field Notebook (hardcover, waterproof preferred) with pens

## APPENDIX C: WITNESS STATEMENT FORM

To be completed by witness immediately after event. Witness should complete in their own handwriting if possible.

Field	Entry
Witness Full Name:	
Date of Birth:	
Occupation:	
Contact Phone:	
Contact Email:	
Relationship to location:	Resident / Visitor / Employee / Passerby / Other: _____
Date of Event:	
Time of Event (approximate):	
Duration of Event:	
Location (be specific - address, GPS if known):	
Weather / Visibility at time:	
Other witnesses present:	YES / NO Names (if known): _____
Event previously reported to:	Police / Emergency Services / None / Other: _____
Willing to be contacted for follow-up?	YES / NO
Consent to use account (anonymized) in research?	YES / NO

**DETAILED DESCRIPTION - describe what you observed in full, including what you saw, heard, smelled, and felt. Include your position and the position of the phenomenon:**

**SKETCH - draw what you observed below, including your position, orientation, and reference landmarks:**

Have you experienced similar events at this location previously? YES / NO

If yes, describe: \_\_\_\_\_

Witness Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Interviewing Investigator: \_\_\_\_\_ Date: \_\_\_\_\_

## APPENDIX D: EVIDENCE LOG SHEET

Complete one row per item at time of collection. Never reconstruct from memory.

#	Time	Type	Description	GPS / Location	Collected By	CoC
001						
002						
003						
004						
005						
006						
007						
008						
009						
010						
011						
012						

Evidence Types: Photo | Video | Audio | Track Cast | Hair/DNA | Soil Sample | Swab | EMF Reading | Temp Anomaly | Witness Statement | Other

Chain of Custody (CoC): C = Collected T = Transferred A = Analyzed S = Stored R = Released

# APPENDIX E: COMMON MISIDENTIFICATIONS REFERENCE

## UAP / UFO Misidentifications

Object	Key Identifiers	Verification Tool
Venus or Planets	Stationary; no blinking; predictable position; brightest in sky	Stellarium app
ISS	Steady white light; east-west track; approx. 90-second pass	NASA ISS Tracker
Iridium Satellite Flares	Sudden brief brightening; predictable time/location	Heavens-Above.com
Commercial Aircraft	Strobe lights; red/green nav lights; constant heading	Flightradar24 app
Military Aircraft	May lack ADS-B; unusual maneuvers; possible no lights	NOTAMs; base PAO
Weather Balloons	Slow drift; highly reflective at altitude; oval shape	NOAA skew-T data
Chinese Lanterns	Flickering orange; wind-drift; low altitude; often in groups	Thermal camera
Hobby Drones	Hovering; nav lights required at night; motor sound audible	FAA registry; listen
Bolide Meteors	Extreme brief brightness; possible fragmentation trail	AMS fireball reports
Ball Lightning	Rare; brief; associated with active thunderstorms nearby	Weather radar data

## Cryptid Misidentifications

Reported Cryptid	Most Common Misidentification	Key Distinguishing Features
Bigfoot	Black bear upright, tall human in dark clothing, large dog	Gait pattern; stride length 5-7 feet; track morphology
Dogman	Large dog, coyote, wolf, black bear	Bipedal stance; digitigrade; reported facial structure
Large Felid	Domestic cat (size illusion at distance), bobcat, escaped pet	Track size; lack of claw marks; gait pattern; DNA
Lake Monster	Floating log, large sturgeon, wave train, groups of otters	Sonar depth reading; movement pattern against current
Thunderbird	American White Pelican (9.5ft span), condor, eagle	Wingspan estimate against reference objects; bone structure
Mothman	Large great horned owl or barn owl, blue heron in flight	Eye position; flight pattern; size against reference

## Paranormal Phenomenon Misidentifications

Reported Phenomenon	Likely Conventional Cause	Test Method
Cold spot	Draft from HVAC; window thermal bridging; air infiltration	Seal sources; repeated measurement grid
Footstep sounds	Thermal expansion of wood; animal intrusion; HVAC cycling	Structural inspection; wildlife cameras
Feelings of presence	Infrasound at 18.98Hz; CO poisoning; elevated EMF; mold	CO detector; infrasound meter; EMF survey
Door moving	Air pressure differential from HVAC operation	Seal HVAC; measure pressure differential
Apparition	Reflections; hypnagogic hallucination; eye floater; pareidolia	Multiple observers; change all lighting
EMF spike	Faulty wiring; appliance cycling; cell tower; vehicle traffic	Trace source; check electrical blueprint
EVP / Voice	Audio pareidolia; HVAC; distant TV/radio; water pipes	Identify all sources; mandatory blind review
Photo orbs	Dust particles; pollen; insects; moisture near lens	Control photos with known conditions; varied aperture
Electronic failure	Low batteries (most common cause); EM interference; cold	Fresh batteries before every investigation

# APPENDIX F: KEY ORGANIZATIONS & RESOURCES

## UAP / UFO Research

Organization	Focus	URL
AARO (All-domain Anomaly Resolution Office)	Official U.S. government UAP reporting and investigation	aaro.mil
NUFORC	Civilian UAP report database, long-running	nuforc.org
MUFON	Civilian UAP investigation network with field investigators	mufon.com
NARCAP	Aviation-related UAP reports; pilot-focused	narcap.org
SCU (Scientific Coalition for UAP Studies)	Academic-quality UAP research and analysis	explorescu.org

## Cryptid Research

Organization	Focus	URL
BFRO (Bigfoot Field Researchers Org.)	Bigfoot/Sasquatch research and national database	bfro.net
Olympic Project	Rigorous scientific NW Bigfoot research	olympicproject.com
North American Wood Ape Conservancy	Scientific methodology Bigfoot investigation	woodape.org
Centre for Fortean Zoology	Global cryptid and Fortean research, UK-based	cfz.org.uk

## Paranormal Investigation

Organization	Focus	URL
SPR (Society for Psychical Research)	Scientific paranormal study, founded 1882	spr.ac.uk
ASSAP	Scientific standards for paranormal investigation, UK	assap.ac.uk
Rhine Research Center	Parapsychology research, USA	rhine.org

## Essential Digital Tools

Tool	Purpose	URL
Flightradar24	Real-time aircraft tracking for UAP investigation	flightradar24.com

Tool	Purpose	URL
Heavens-Above	Satellite passes, ISS tracking, sky charts	heavens-above.com
Stellarium	Free planetarium for sky object identification	stellarium.org
Raven Pro (Cornell)	Professional bioacoustics and audio analysis	ravensoundsoftware.com
ExifTool	Metadata extraction and integrity verification	exiftool.org
Topaz Labs	AI-assisted video and photo enhancement	topazlabs.com
Macaulay Library	Definitive wildlife sound reference database	macaulaylibrary.org
ADS-B Exchange	Unfiltered real-time aircraft tracking	adsbexchange.com

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## THE LOUNGE AFFECT

[www.theloungeaffect.com](http://www.theloungeaffect.com) | [info@theloungeaffect.com](mailto:info@theloungeaffect.com) | [mail4chubbsy@gmail.com](mailto:mail4chubbsy@gmail.com)  
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